



K³Grapevine

November 2025

DISTRICT #52 ♦ KANKAKEE AREA ♦ GV NEWSLETTER

FROM YOUR GRAPEVINE REPRESENTATIVE

November continues with the reflection of Gratitude and identifies with Step 11 - *"Sought through prayer & meditation to improve our conscious contact with God, as we understood him, praying only for knowledge of His will for us and the power to carry that out."*

"What am I grateful for?" Last November, my sponsor had me write down 3 things that I'm grateful for, each day, and send it to her daily. This sounds like a simple task (and it is), but being an alcoholic - I tend to make things complicated by overthinking it. How do I manage to get stumped on thinking of 3 things that I'm grateful for, daily, for 30 days? **Control, Ego, Pride.** It's because I don't want something to sound silly or stupid. I'm still experiencing "autopilot" through life in a world of constant noise and pressure to perform. It's very easy for me to lose the signal of spiritual practice. Losing this signal puts me in 'fix, manage, control' mode and I become 'restless, irritable and discontent'.

Spiritual practice can be difficult for me when I fall back into old beliefs, illusions, and life patterns that no longer serve me. In working my program, I am able to recognize these defects, if I am honest with myself, and begin the sense that there's more depth, peace and purpose available to me than what I am currently experiencing. I have to pause... pray... proceed, in meditation, inviting God, as I understand Him, into my thoughts.

Awakening isn't about becoming "better" - it's about being real. Sure, I'll continue to make mistakes. My spiritual journey isn't going to be flawless. I can always reconcile with sincerity in willingness to listen, to be honest and act on the wisdom that surfaces. Insight and guidance are clarified through action. A rudder only guides the boat, once it's moving. Guidance tells us what we need to know, not always what we want to know.

Reading the pamphlet, *"How To Listen To God"* - John E. Batterson, inspired me with the thoughts to share a part of my spiritual journey. Thanks to my sponsor, for also sharing that pamphlet with me.

*****AA Grapevine is seeking members support for help.***** Grapevine thrives **ONLY** on its members purchases of books and magazine subscriptions. Grapevine does not accept individual or group contributions. On the next page, there is information on different ways to be able to support AA Grapevine.

I wanted to make a note... if you obtain the GV Newsletter digitally: all of the underlined "SUBMIT"; the monthly issue; all of the GvR email's listed — ARE LINK ACCESSIBLE. You'll be able to click on those; they will redirect you to the corresponding linked page. Flyers, where GvR will be on hand, will also be included in the email distribution.

Yours in Service
KARLI T.

Is there interest in sharing your story in this District GV Newsletter? Anonymity is proficient.

What have YOU heard at meetings?

What is a favorite cartoon you would like to see?



IF ANY OR ALL OF THE ABOVE INTEREST YOU, PLEASE SHARE WITH YOUR GVRI gvrdistrict52@gmail.com

THIS MONTH'S ISSUE

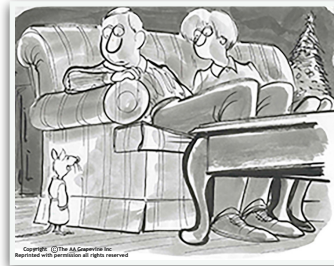


AA GRAPEVINE QUOTE

"We all know whose inventory we take in AA, right?"

"Tradition Ten"

New York, New York, May 1971
The Best of Grapevine, Volume I



'SUBMIT A CAPTION'

"Know Thyself"

I was told in early sobriety that before I can live with someone else, I have to learn how to live with myself... so I joined Al-Anon.

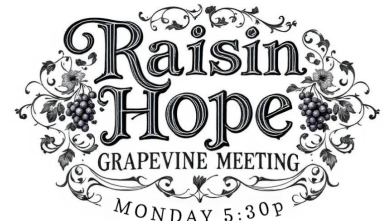
Gary C.
Mississauga, Ontario

HEARD IT AT A LOCAL MEETING:

Justified resentments blocks you off from God.



God doesn't call the qualified, He qualifies the called.



HELD AT KANKAKEE ALANO CLUB

Congratulations to Heather S.!

The 'Drop Box' Winners of September.

The Drop Box is a Raffle, made possible by members donations, for a chance to WIN a 1 year print subscription of Grapevine Magazine.

You may Just Donate or you may Just fill out a 'Chance to Win' card or **BOTH!** Non-winners' cards get recirculated. Looking forward to experiencing the continued growth of this combined effort on behalf of all members. **Let's keep it going!**

****NEW**** Keep an eye 👁️ to spot the GV 'Drop Box' :: for a chance to win a 1 year print subscription :: at **The Alano Club!**

When donations reach \$36, a card will be drawn to reveal WINNER!



'Prune' Trivia

In 1989, the Grapevine Conference Committee recommended "in recognition of the need for a magazine price increase in the near future, delegates clarify in their areas the fact that the Grapevine is supported by subscription income and does not accept group contributions to cover operating expenses."

GRAPEVINE DAILY QUOTE

October 21, 2025

"One old-timer explained it this way to me: 'Don't let your mind rattle on at meetings. Then all you'll hear from someone else is something that gets you thinking about what you have to say. Listen to everything the person talking has to say, as if your life depended on it -- because it might one day. Listen to everyone this way, especially the ones you want to ignore,' this old-timer said. 'God won't deprive you of the answer you need, if you've come to an AA meeting needing an answer. He may, however, have your answer come out of the mouth of the person you least expect to have your answer. God has a sense of humor.'"

May 1990, "Quiet Guidance," Sober and Out

If your interested in receiving the "Grapevine Daily Quote" visit www.aagrapevine.org/get-involved or select the icon.



"I quit cold turkey."

- Mike N., Summerfield, Fla.

Join the Distribution List!
District #52 GV Newsletter
Email: gvrdistrict52@gmail.com

Use QR code to access
D52 GV Newsletter Archives

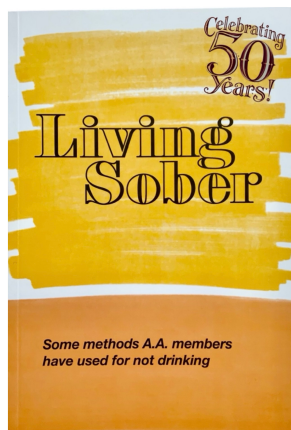
**AA Grapevine's Podcast**

A new episode will be available in English every Monday at 9 am EST.

Select the podcast icon below or visit www.aagrapevine.org/podcast

I've also tried my own hand at creating a podcast for the K3 Grapevine. Generated by AI, using only the source of the K3 Grapevine Newsletter, I have found it quite intriguing what AI creates from the information that's provided in the newsletter.

Have a listen! The icon below will direct you to the file in Google Drive.

**DO YOU HAVE A STORY YOU'D LIKE TO SHARE IN THE AA GV MAGAZINE?**

You can **submit** them Online

Annual Prison Issue (Due December 1, 2025)

Did you find AA in prison? What is sobriety like inside? What are meetings like? Are you involved in correspondence service or prison sponsorship? *We are especially looking for stories by women in long-term custody.*

Sober Travel (Due January 1, 2026)

How do you stay sober while traveling on trains, planes and in faraway places? Vacations, business trips or moving away to another town. How did you find AA meetings? Tell us about them. Have you had any close calls? Share the tools that helped you stay sober on the road.

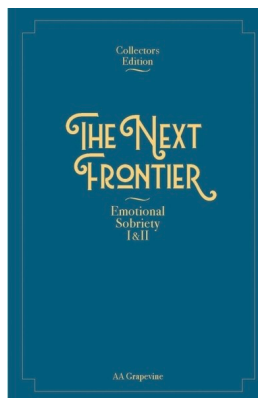


"I want to conference my sponsor in on this real quick."

NEW ITEMS & SPECIAL OFFERS

- ◆ Add the **AA Grapevine Digital Edition** to your print subscription for just **\$10**. www.aagrapevine.org/upgrade-10-complete-subscription
- ◆ Save 20% on a 1-year digital subscription to **AA Grapevine**. www.aagrapevine.org/save-20-digital-edition

****The underlined web pages are link accessible.****





WANT TO HELP ANOTHER ALCOHOLIC?

Give a Gift Subscription

to an alcoholic who needs it.

Great for:

- Prisons • Detoxes • Newcomers • Sponsees
- Doctors' Offices • Group Celebrations
- District and Area Events • Giveaways!

It's also a great way to support Grapevine & La Viña!

Get your group, district, area or
AA friends to join in. Carry the Message,
it's easy!

Go to aagrapevine.org/carry-the-message to
get started and see our new Carry the Message
video at www.youtube.com/c/AAGrapevine

2025
**CARRY
THE
MESSAGE**
PROJECT

RAISIN HOPE

Dive Into Grapevine Literature

Monday Afternoons @ 5:30 pm



KANKAKEE ALANO CLUB

NOW ON

zoom !



**The monthly GSR
District meeting is now
accessible via Zoom!**

Zoom ID: 796 133 1200

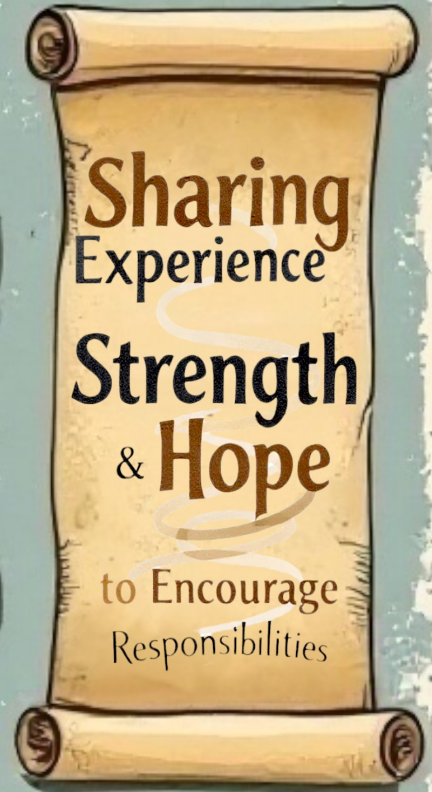
Passcode: District52

**Scan the QR to join!
6:30 p.m. on the
3rd Thursday of every month**



KEEP SERVICE FUNSHOP

DISTRICT #52 • KANKAKEE AREA



NOVEMBER 8, 2025

12P - 4P

Life & Compass
CHURCH
175 S. Wall St.
Kankakee, IL

411 & QUESTIONS:

STEVE R. (DCM) : 815.263.0792

KARLI T. (GVR) : 847.489.7064

Lunch will be provided & 50/50 RAFFLE DRAWING

November 2025

2025 ILLINOIS STATE CONFERENCE

90 YEARS OF RECOVERY, UNITY & SERVICE

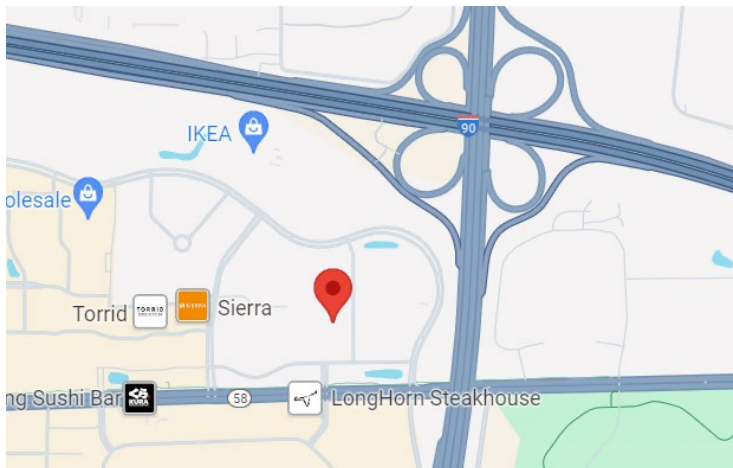
Hosted by Area 20 & District 40

WHEN

**Friday November 14, 2025 –
Sunday November 16, 2025**

WHERE

**Hyatt Regency
Schaumburg
1800 East Golf Road
Schaumburg, IL 60173
847-605-1234**



For additional information, please visit:

aa-nia-il-dist40.org

aa-nia.org



ROOM RATES

\$139.00 – Includes

Breakfast

Room Reg. Cutoff

10/31/25

REGISTRATION

Event - \$35

Banquet Dinner - \$56

Registration Info

Coming Soon

SPEAKERS

Fri – Mike F. – Area 21

Sat – Pat E. – Area 73

Sun – ECR Trustee

Alanon – TBD

ACTIVITIES

Literature

Archives

Workshops

Alcathons

Panels

Entertainment

Hospitality Room

Sobriety Countdown

Fellowship

Fun!

BLACK FRIDAY

GAME NIGHT



November 28, 2025

KANKAKEE ALANO CLUB
After Friday Night
Meeting

Board Games, Cards,
Dice, Fellowship



Kankakee Area Mini Conference 2026

Planning Committee
Meeting



- lock in our monthly meetings
- generate our committees
- produce a "theme"



Save the Date:
January 10, 2026 @ 1pm!



ENLIST IN:

A service role that attracts you

A service role you want to do

Having Fun

FELLOWSHIP

