

November 2025 DISTRICT 52 NEWSLETTER

The Link

District 52 Website: www.kankakee-aa.org ~ Alcoholics Anonymous: www.aa.org ~ NIA 20: www.aa-nia.

From the Editor... Welcome to the November edition.... I can be reached at Dist52News@Outlook.com or at (815) 351-0111 with any comments or suggestions. Thanks!

Scott....

I Heard it at a Meeting – *Do Expectations Attract Trouble?* You have read that “...if only people would do as he wished, the show would be great.” This is a classic description of how we have expectations of others that cause us troubles. The world never seems to perform or reach the way we think it should. People make mistakes. Others do what they want rather than what you want. You don’t get the promotion you have, in your mind, earned. The food is not cooked the way you would cook it. And on and on....All people have expectations about everything, but most can manage their disappointment. Not so much for us. We often will take disappointments and failure to meet expectations as proof that people or the world hates us. It is not fair in our mind that we didn’t get what we expected to. This is a very dangerous form of self pity that can certainly lead many of us to dangerous thoughts and emotions. Basically we cannot accept life on life’s terms. Life is not fair. Expectations are not met. People do things we don’t think they should and don’t do those that we think are right. People disagree with us. At the end of the day, we cannot control virtually anything in this world except for ourselves and we cant change things to meet our expectations. Do expectations attract trouble? Not for most people, but for us, if not managed, they can lead to a thought patterns that can destroy us.

Remember, this is from a group discussion and may not represent every perspective. Please feel free to send me ideas and comments. Thanks...

Carrying The Message...On Local Radio WKAN 1320 -

Personal anonymity is maintained!
8-10 minute segment.

Question and answer format.
We will do this every three months.

Schedule:

Wednesday January 7th at 8 AM. - ...Tune in...More Volunteers Needed!

Opportunity to Serve—The best way to get out of your own head is to serve others! District 52 has opportunities to serve and needs your help! District Board positions and support chairs available;

Come to the next District 52 meeting to see where you fit in!

Meet 3rd Thursday of the month –Next: September 18th at 6:30 PM

Riverside Hospital Conference Room (by cafeteria)

Announcements and Upcoming Events

Banyan Treatment Center – Volunteers needed to speak once or twice a month on Wednesday’s at 6:00 PM (Please note Time Change...Again!). There continues to be a need for more women volunteers. 6 Months of sobriety is required to participate.

Please contact Adria with any questions at (815) 401-3847.

Big Books/12 & 12 Books: The district has a number of copies of the Big Book and the 12 Steps and 12 Traditions to provide to groups in need. Please contact Steve K or Sherri M or email the district webmaster at d52webmaster@gmail.com with requests.

Seminar Topics: Seminars and workshops are put on throughout the year by various groups with strong sober experience to help both the newcomer and the veteran of AA. One of the most challenging aspects of this process is defining a topic for exploration during these workshops and so we are asking for suggestions to build a list for groups to consider. Please provide your thoughts to any district 52 board member, GSR or to Dist52news@outlook.com.

Submissions, questions, suggestions, ideas call Scott O. (815) 351-0111 or email Dist52News@Outlook.com

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New /Need Support Meetings:

Manteno:

- *New Hope Meeting.* Wednesday 8:00 PM at Christian Church of Manteno is in need of sober support. 401 E 3rd Street
- *Jolly Time Meeting* – Monday 7:00 PM at Veterans Home in Manteno. Meeting is in the Hall – Use North side entrance. Meeting is in need of support.

Kankakee:

- Raisin Hope – Monday at 5:30 PM at Kankakee Alano Club. Grapevine literature study meeting
- *Came to Believe.* Monday 11:00 AM at Alano Club is in need of sober support.
- *Friday Night Open* – Friday 7:00 PM at Alano Club is in need of sober support.
- 3:30 PM Saturday Meeting – Saturday 3:30PM at Alano Club is in need of sober support.
- *Citadel Nursing Home* – Sunday at 3:00. New meeting starting June 8th. Citadel Nursing Home, 900 W River Place

Happy November Birthdays!!! Please send your sobriety birthday so we can recognize and celebrate your miracle!

Doreen L 11/1/97
Laurie E 11/5/12
Lynn T 11/17/14
Joyce W 11/28/89

Tony C 11/1/95
Spike 11/5/69
Steve K 11/27/86

Walter W 11/3/
Jon L 11/8/18
Debbie S 11/13/93

Mary Tallone 11/2/10
Jessica 11/13/15
Wayne M 11/11/06

Funnies!!!

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Inspiration...



Something to Think About:

Ambition without Action turns into Anxiety!

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District 52 Meeting Minutes -

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District 52 Meeting Minutes

September 18, 2025

In attendance: Steve R., Karli T., Tanya, Stacy W., Gary, William K., Adria P., Bob L., Kris S., Sherry M., Steve B.

Steve R. called the meeting to order at 6:30 pm and William K. read the Twelve Traditions.

Secretary's report: Stacy reported there are no minutes for last meeting.

Treasurer's report: Bob L. noted that the current bank balance is 2,913.76 which includes \$200.00 deposited from the golf outing and \$19 deposited from the 7th tradition at last month's district meeting. Bob noted that there was an expense for the answering service in the amount of \$41.30 that was paid. We received a late notice letter for our not-for-profit corporation act paperwork. On 01/10/25 we had 90 days to complete the paperwork and send it back. Letter was mailed to Heather S, and she just gave it to Bob. Kris S. noted that the letter is pertaining to the 990 N, and it should have been given to the treasurer to complete per the SOP. Bob is completing paperwork and sending a check. Stacy W. motioned to accept the report as given and William K seconded. Approved unanimously.

Bob L read Concept 9 and presented his interpretation.

GSR Reports

Saturday Night Open – Bob L gave report for Steve R. Bob reported strong attendance. They are hosting a picnic on October 4th at the Riverwalk Pavilion in the Kankakee River State Park, and they will be providing chicken. They are also working with the Raising Hope meeting to put on the Service Fun Shop.

Primary Purpose – William K asked Bob L to report since he has not been able to attend. Bob L. reported they have strong attendance between 15 – 25 people.

Beckman Park – William K. reported that attendance is growing. 8 on a regular basis and they had 2 newcomers last Sunday.

Raising Hope – Kris S. reported that the meeting is doing well, and they have consistent repeat attendees. They have 15 subscriptions of The Grapevine, so they established a prudent reserve to cover those and the meeting is self-supporting. Karli keeps it fun with swag. Kris went to the Assembly and voted for the group on a motion to amend the Big Book cover and it passed.

First Things First – Steve B. reported good attendance.

Men's Group – Steve B. reported that they have good attendance as well.

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BLT – Gary reported that the 8 pm meeting is suffering due to the nighttime IOP closing. People want to change the meetings around by doing the step 1, 2 and 3 meeting at 8pm and the topic at 6:45 pm but Gary thinks that would only be good if IOP starts again. Will revisit later if that happens. They will be adding liquid creamer to the meetings. Gary also noted that BLT is competing with the 7 pm meeting at the club.

Joe and Charlie – Stacy reported that attendance is well.

Women to Women – Karli reported that attendance has grown a lot and that they are changing the format to a big book study by using the big book Index, but they may change to a normal big book study. Karli let literature know that they need both books.

Committee Reports

Accessibility – Steve B. mentioned that he noticed that the men's room at the club is too small for any disabled person. He has heard rumors about building a bathroom downstairs but there is nothing in progress. He also wants to make the front parking spots at the club handicap. He has not done much else but plans to get to more meetings once he is healed from surgery.

Answering service - William K reported that it has been noticeably quiet. 1 call in August and 1 call in September. He did have a request from a licensed clinical social worker asking about transportation to and from meetings. Adria mentioned that is what Bridging the Gap is for, and we do not have a chairperson. Steve R. mentioned that he thought that was part of what the answering service was for, and Kris agreed and stated she has gotten those calls as well. Steve R. will be adding the Bridging the Gap committed to the roster so we can try to find a chairperson.

Archives – Kris S. mentioned that she received a tablet that she plans to use to display digital archives at different events starting with the mini conference. You Tube has videos of the NY archives that are cool. Kris also reported that she is now the alternate area archives chair.

Corrections – Vacant and inactive

Grapevine – Karli T reported that she went to the Spanish meeting to try to get them more involved and invited them to the Mini Conference. There is a language barrier. Karli also brought them La Vina magazines and she ordered 5 subscriptions for them. She is also planning to go to IOP at both hospitals and Duane Dean to try to get subscriptions placed there.

Literature – Sherri M reported that she is getting with Debbie K. about books for the Women to Wo0men meeting. Asked GSR's to see if groups need any books. Karli T is going to check

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with the Spanish group about books. Gary needs 5-10 12 and 12 books for BLT. Gary mentioned that SOS needs meeting schedules and Kris S. advised she is giving them to Bob to take to the meeting.

Newsletter – Scott O. not present

PI/CPC – Earl J. not present

Treatment – Adria P. reported that she has been elected area chair for treatment. Banyon is good. We go every 5 weeks to speak at daytime IOP. Hearing rumors that they will be having another evening IOP at some point through St. Mary's. We go to Brandon House every Thursday.

Webmaster – Lauren not in attendance. No report.

Old Business

1. Kris investigated Zoom/using tablet/she has a zoom account. She will be bringing her laptop to the next district meeting so we can try zoom.
2. Kris reported that the Service Fun Shop will be November 8th and that there is an area delegate speaking.

New Business

1. Nominations –
 - a. Sherri T. wants to step down. Steve R. advised her to start looking for a replacement.
 - b. Bridging the gap?
 - i. Steve R. is putting the committee on the agenda, but we will need a chairperson.
 - ii. Adria is willing to vacate her seat as district treatment chair.

DCM Report

- Area roster completed.
- Kris S. reported on the area assembly. It was the fullest she has ever seen and there were only 3 open vacancies at the end. She reported that the Area Grapevine Chair position is still open. Heather S. was elected the Area Alternate Literature Chair

Next district meeting is Thursday October 16th at 1830 in Conference Room B at Riverside hospital.

Kris motioned to adjourn; Adria seconded. All approved. Meeting adjourned at 1930.