

October 2024 DISTRICT 52 NEWSLETTER

District 52 Website: www.kankakee-aa.org ~ Alcoholics Anonymous: www.aa.org ~ NIA 20: www.aa-nia.

From the Editor... Welcome to the April edition. I can be reached at Dist52News@Outlook.com or at (815) 351-0111 with any comments or suggestions. Thanks!

Scott....

I Heard it at a Meeting – (reprinting one from awhile back)... *Why doesn't my family see how GOOD I am doing?* The Family After (p. 132 AA Big Book) is a fantastic support resource to understanding the complex emotional and spiritual dynamics that the alcoholic and his/her family go through during the days of recovery. It is a very delicate time for all involved as expectations of the recovering person and those of the family collide. We must be prepared that all will not see the same 'new me' that we think we are projecting and that some distrust and anxiety is normal as everyone readjusts. If we are not careful our expectations can lead to additional resentments that can push us back into the danger zone. In an alcoholic home, often not only the alcoholic is spiritually sick. Expectations that everyone else sees and is on the same journey that we are is not accurate and we cannot expect or drive change in others anymore now sober than we could in the past when drinking. The old adage is that '...time heals all wounds...' and all we can really do is the next right thing while we wait and pray for the healing that everyone so desperately desires.

Remember, this is from a group discussion and may not represent every perspective. Please feel free to send me ideas and comments. Thanks...

DCM Letter:

Still getting around to all of our meetings in the District...

It's getting near year's end, which means the District trusted committee servants rotate out of the duties at year's end, so nominating for DCM, Treasurer, and Secretary will happen at our November 21st meeting. Many of the other committee trusted servants started at different times, so we aren't honestly really sure what will happen with those positions. We rotate out of our positions so that others may serve, and none of us starts getting the feeling that "this is my position". What is it we do?

DCM stands for District Committee Member. The DCM gets to "Chair" the meeting, and helps the group keep the conversation focused. We usually have GSR reports, then the different Chairs report on their area of responsibility. The DCM is also the link to the larger area and AA nationally and internationally. It really has been so gratifying to see how AA works at this level. There is such a strong unity and sense of including everyone in decisions. I wish our elected leaders were as conscientious!!! The Treasurer keeps account of the money in (group donations) and money out (literature, website, answering service, meeting schedules). We have the tradition of having a prudent reserve and use the extra amount for things like all the Big Books we have taken back to the groups. Our Secretary keeps track of who said what at the meetings and puts the minutes together that you see in the Newsletter.

In addition, we have the following Committees: Answering Service, Archives, Grapevine, Newsletter, Public Information, Treatment, and Web Master. There are so many ways to reach the still suffering alcoholics out there. They need your help! We need your help!

Next District meeting is Thursday October 17th at 6:30 PM Riverside Hospital across from Cafeteria

In your service,

Steve K 815-214-7063 skelley13154@hotmail.com

October 2024 DISTRICT 52 NEWSLETTER

Carrying The Message...On Local Radio WKAN 1320 -

Personal anonymity is maintained!
8-10 minute segment.

Question and answer format.
We will do this every three months.

Schedule:

Wednesday January 8th at 8 AM. - ...Tune in...More Volunteers Needed!

Questions contact Steve K 815.214.7063

Opportunity to Serve—The best way to get out of your own head is to serve others! District 52 has opportunities to serve and needs your help! There are many different opportunities;

Come to the next District 52 meeting to see where you fit in!

Meet 3rd Thursday of the month—Next: August 19th at 6:30 PM

Riverside Hospital Conference Room (by cafeteria)

Steve K (815) 214-7063 Terry W (815) 954-1199 Jodi S (708) 670-2783

Announcements and Upcoming Events

Banyan Treatment Center – Volunteers needed to speak once or twice a month on Wednesday's at 8:15AM (Please note Time Change!). There continues to be a need for more women volunteers. 6 Months of sobriety is required to participate. Please contact Adria with any questions at (815) 401-3847.

Halloween Dance Party—October 26th from 8:00 PM to Midnight at the Clubhouse at Tri-Star Estates – 43 5000 N, Bourbonnais. \$5 suggested donation – Pizza and Water served. Pop available for \$1. Live DDJ and Split the Pot. Costumes encouraged with prizes for the best costume. Contact Johnnie G (815) 662-8142 with questions.

New /Need Support Meetings: This is a critically important section. We need to support these meetings and keep them alive and vibrant. Many are as few as 2-3 people on some days and when new folks come into a weak meeting for the first time, they may not come back. We are blessed in this area with many meetings at different days/times and are lucky to have a building dedicated to sober support. We need to keep this tradition alive.

Kankakee -

New Meeting: Alano 3:30 with Kody as chair...new chair...new perspective.
Come support. This is an open meeting.

Monday 5:30 12&12 Book study at Our Saviour Lutheran Church on Brookmont closed permanently.

Manteno -

“Now what are you going to do about it?” Wednesday 5:30 meeting will meet at Henderson Park, 383 Lynn Dr. Weather permitting.

“Can't wait til 8” *New topic/discussion meeting.* 5:30 Monday's at Manteno Church of the Nazarene. 698 N. Locust St. Come support.

October 2024 DISTRICT 52 NEWSLETTER

District 52 Meeting Minutes -

District 52 Meeting Minutes

For September 19,2024

In attendance were- Dan P, Steve K, Jodi S, Terry W, Steve K, Keith A, Lori A, Scott O, Kris S, Adria P, Steve R, Earl J, Lisa S and Sherri M

Secretary Report – Terry W, A motion was made to accept the secretary report as read. First by Kris S second by Adria P motion passed.

Treasures Report- Jodi S, reports an ending balance of \$ 2,834.90 minus the prudent reserve \$ 2000.00 leaving a total available funds balance of \$ 834.90. A motion was made to accept the report as read first by Kris S second by Steve B.

GSR Reports

Saturday Night Open – Steve R, Attendance is good seeing newcomers.

911 – Dan P, Everything going well.

Saturday Morning Open – Keith A, seeing good attendance.

Men's Step Study – Steve B, newcomers sticking around.

Women's group – newcomers returning.

Committee Reports

Literature – Sherri M, need to order 200 pamphlets is AA for me. Motion made by Sherri M second by Earl J motion passed.

Newsletter – Scott O handed out copies of newsletter.

CI/CPC – Earl J dropped off meeting guides to lawyer's offices also dropped off flyers at Thresholds.

Treatment – Adria P two people still going to Banyon every week. Need volunteers for the second week.

Web Master – Lauren B need to include Spanish meetings to meeting guide. How to get info updated to website and App Traci 212-870-3400 meeting guide App contact at G.S.O

Old Business

Reach out to Spanish meetings.

New Business

Lisa S NIA 20 Alternate Delegate presented service opportunities.

DCM Report

International Conference 2025 Vancouver, BC. Registration started September 10 aa.org/international-convention.

Nominations for DCM, Treasurer and Secretary in November.

October 2024 DISTRICT 52 NEWSLETTER

Happy October Birthdays!!! Please send your sobriety birthday so we can recognize and celebrate your miracle!

Mary K 10/10/82

Dirk 10/13/19

Angel 10/16/19

Pete 10/19/19

Charloit 10/19/08

Jordan K 10/19/18

Steve C 10/24/99

Mike E 10/24/06

Scott O. 10/11/19

Marla 10/5/19

Allen 10/14/21

Craig M 10/9/18

Funnies!!!

