

February 2025 DISTRICT 52 NEWSLETTER

District 52 Website: www.kankakee-aa.org ~ Alcoholics Anonymous: www.aa.org ~ NIA 20: www.aa-nia.

From the Editor... Welcome to the February edition.... I can be reached at Dist52News@Outlook.com or at (815) 351-0111 with any comments or suggestions. Thanks!

Scott....

I Heard it at a Meeting – *“Too Busy for a meeting.”* I can admit that I have thought this exact phrase a few times more than once and probably have actually said it. The truth is that I should never be too busy for a meeting. . As soon as I think something like that, I am taking a step onto a dangerous and potentially fatal path if I am not able to acknowledge the real driver behind this thought and work through it. In many cases, I think what is really meant is “I don’t need to go...” or “I have more important things to do...” or “A meeting wont help with my stressful list of things to do...”.

The truth may also be that I actually am overwhelmingly busy and have way too much on my plate. The roller coaster ride of ‘what next’ and ‘I’ll never get caught up’ is telling me the lie that I must keep chugging along and somehow that frantic, anxious pace will get me caught up and everything will be fine. The truth is that staying on this path will lead to more and more dissatisfaction and fear of failure that will ultimately lead to destruction...I know this...how do I know this? Because I have lived this and only by the Grace of God have survived it in recovery for a couple 24 hour periods. I can now see the lie for what it is and share my Experience, Strength and Hope and the fact that “I am never too busy for a meeting”.

Remember, this is from a group discussion and may not represent every perspective. Please feel free to send me ideas and comments. Thanks...

DCM Letter:

Elections for District offices were held. We are in need of a number of offices and committee chairs. Please volunteer for service work if you can.

Carrying The Message...On Local Radio WKAN 1320 -

Personal anonymity is maintained!
8-10 minute segment.

Question and answer format.
We will do this every three months.

Schedule:

Wednesday April 8th at 8 AM. - ...Tune in...More Volunteers Needed!

Opportunity to Serve —The best way to get out of your own head is to serve others! District 52 has opportunities to serve and needs your help! District Board positions and support chairs available;

Come to the next District 52 meeting to see where you fit in!

Meet 3rd Thursday of the month —Next: February 20th at 6:30 PM

Riverside Hospital Conference Room (by cafeteria)

Submissions, questions, suggestions, ideas call Scott O. (815) 351-0111 or email Dist52News@Outlook.com

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Announcements and Upcoming Events

Valentine's Day Dance – Alano Club. Friday February 14th 8 PM to Midnight. Dinner will be provided, please bring a dessert to pass.50/50 raffle. \$5 donation suggested.

Banyan Treatment Center – Volunteers needed to speak once or twice a month on Wednesday's at 8:15AM (Please note Time Change!). There continues to be a need for more women volunteers. 6 Months of sobriety is required to participate. Please contact Adria with any questions at (815) 401-3847.

Big Books/12 & 12 Books: The district has a number of copies of the Big Book and the 12 Steps and 12 Traditions to provide to groups in need. Please contact Steve K or Sherri M or email the district webmaster at d52webmaster@gmail.com with requests.

New /Need Support Meetings: This is a critically important section. We need to support these meetings and keep them alive and vibrant. Many are as few as 2-3 people on some days and when new folks come into a weak meeting for the first time, they may not come back. We are blessed in this area with many meetings at different days/times and are lucky to have a building dedicated to sober support. We need to keep this tradition alive.

Manteno:

- *New Hope Meeting.* Wednesday 8:00 PM at Christian Church of Manteno is in need of sober support. 401 E 3rd Street.

District 52 Meeting Minutes - December 16, 2024

Minutes not available yet. Will be added to next monthly newsletter.

Happy February Birthdays!!! Please send your sobriety birthday so we can recognize and celebrate your miracle!

John F 2/9/20

Roy C 2/17/19

Matt Z 2/18/20

Mike R 2/25/95

Funnies!!!

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Inspiration...

