

February 2026 DISTRICT 52 NEWSLETTER

The Link

District 52 Website: www.kankakee-aa.org ~ Alcoholics Anonymous: www.aa.org ~ NIA 20: www.aa-nia.org

From the Editor... Welcome to the February edition.... I can be reached at Dist52News@Outlook.com or at (815) 351-0111 with any comments or suggestions. Thanks!

Scott....

I Heard it at a Meeting – Anonymity... There are more reasons that I every realized for the first part of Tradition 12..." **Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.**" Most of us have thought of the one that seems central when we first come into the program, but there are many more and I thought I would start a list based on the discussion I recently participated in at a meeting.

- 1) I don't want anyone to know I am here (the first one we usually worry about)
- 2) We have to hide our private lives to avoid major issues with our past during recovery (doctors, police, etc who are AA Members)
- 3) If we are known and then slip, people will point to AA as a program that fails.
- 4) Some want acknowledgement for successes...that is a dangerous path with recovery
- 5) Everyone should feel at home going to meetings...not worrying about who knows and what may happen
- 6) Anxiety for the member of others knowing and always watching expecting a failure...Someone is watching me....
- 7) Humility
- 8) Building trust within the group
- 9) Free to talk about what is happening or on your mind without fear
- 10) Without anonymity, a person loses their right to keep their private life and takes away choice of when, where, who to share with
- 11) Demonstrate rather than articulate

I am sure many more exist.....if you have heard others, I would be happy to hear them. Have a fantastic February and take care....*whoever you are!*

Remember, this is from a group discussion and may not represent every perspective. Please feel free to send me ideas and comments. Thanks...

Carrying The Message...On Local Radio WKAN 1320 -

Personal anonymity is maintained!
8-10 minute segment.

Question and answer format.
We will do this every three months.

Schedule: April
Every third Month on the first Wednesday. Next one: April 1 at 8:00 AM.

Opportunity to Serve –The best way to get out of your own head is to serve others! District 52 has opportunities to serve and needs your help! District Board positions and support chairs available;

Come to the next District 52 meeting to see where you fit in!

Meet 3rd Thursday of the month –Next: February 18th at 6:30 PM

Riverside Hospital Meeting Room (by cafeteria)

Announcements and Upcoming Events

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Banyan Treatment Center – Volunteers needed to speak once or twice a month on Wednesday's at 6:00 PM (Please note Time Change...Again!). There continues to be a need for more women volunteers. 6 Months of sobriety is required to participate.

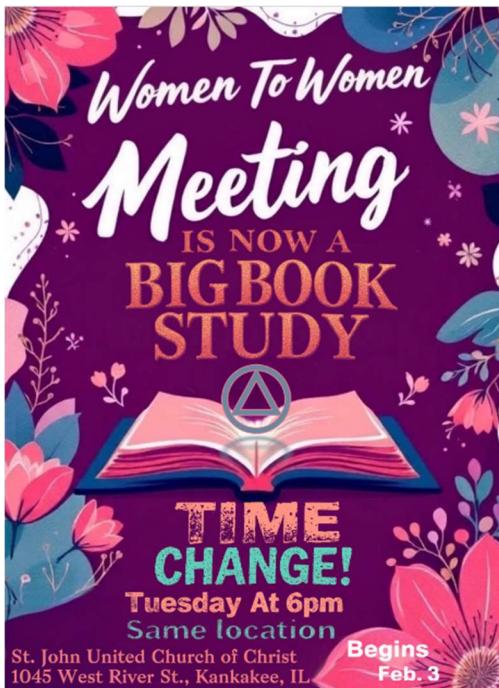
Please contact Adria with any questions at (815) 401-3847.

Big Books/12 & 12 Books: The district has a number of copies of the Big Book and the 12 Steps and 12 Traditions to provide to groups in need. Please contact Steve K or Sherri M or email the district webmaster at d52webmaster@gmail.com with requests.



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New /Need Support Meetings:

Manteno:

- *New Hope Meeting*. Wednesday 8:00 PM at Christian Church of Manteno is in need of sober support. 401 E 3rd Street
- *Jolly Time Meeting* – Monday 7:00 PM at Veterans Home in Manteno. Meeting is in the Hall – Use North side entrance. Meeting is in need of support.

Kankakee:

- *Raisin Hope* – Monday at 5:30 PM at Kankakee Alano Club. Grapevine literature study meeting
- *Came to Believe*. Monday 11:00 AM at Alano Club is in need of sober support.
- *Friday Night Open* – Friday 7:00 PM at Alano Club is in need of sober support.
- 3:30 PM Saturday Meeting – Saturday 3:30PM at Alano Club is in need of sober support.
- *Citadel Nursing Home* – Sunday at 3:00. New meeting starting June 8th. Citadel Nursing Home, 900 W River Place

Happy January Birthdays!!! Please send your sobriety birthday so we can recognize and celebrate your miracle!

John F 2/9/20

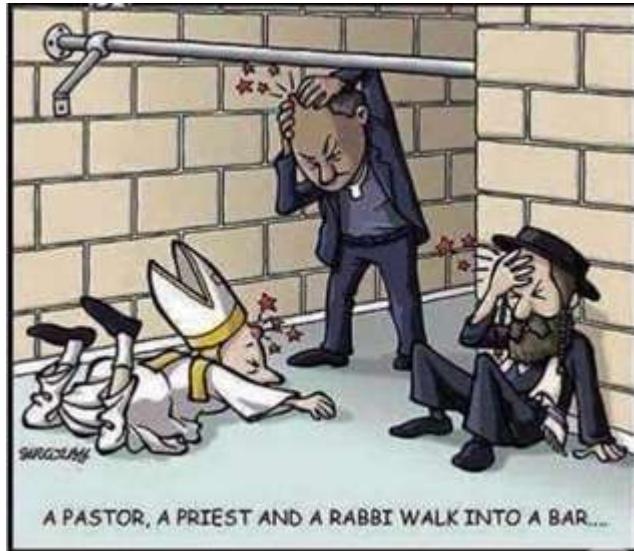
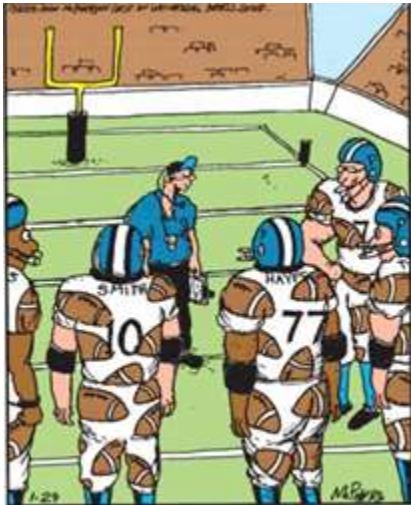
Roy C 2/17/19

Matt Z 2/18/20

Mike R 2/25/95

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Funnies!!!



Inspiration...



When you overthink,
remember this quote:

"Worrying doesn't take
away tomorrow's
troubles, it takes away
today's peace."



Something to Think About:

You can't have a new Reality with and old Mentality!