

# May 2026 DISTRICT 52 NEWSLETTER

## The Link

District 52 Website: [www.kankakee-aa.org](http://www.kankakee-aa.org) ~ Alcoholics Anonymous: [www.aa.org](http://www.aa.org) ~ NIA 20: [www.aa-nia](http://www.aa-nia).

**From the Editor...** Welcome to the May edition.... I can be reached at [Dist52News@Outlook.com](mailto:Dist52News@Outlook.com) or at (815) 351-0111 with any comments or suggestions. Thanks!

Scott...

**I Heard it at a Meeting – Acceptance...**— It seems that Acceptance has been a very common topic lately in meetings..."...*acceptance is the answer to all my problems today*" – Big Book, p.417. When we were deep in our drinking days, acceptance was a concept that was foreign to many of us. How could we accept people, places and things as they are when they are not the way we think they are supposed to be? How could we accept what people have done to us and how we have been treated? If we were honest with ourselves, HOW could we accept the things WE have done and how WE have treated other people? Of course we drank when faced with all of these terrible things...in our minds we had no other choice. All of these questions and thoughts were justifications for our behavior. We could hide now from the truth and deal with it tomorrow...but unless we could accept the truth, it was entirely likely that tomorrow would never come. As we strive to adopt a philosophy that each "...*person, place, thing or situation...(is)...exactly as it is supposed to be at this moment.*" Big Book, p. 417 and have begun to accept that we are alcoholic, we have found that we can stay sober, be relatively happy and achieve a sense of peace with the world.

Thanks...and God Bless!

### Carrying The Message...On Local Radio WKAN 1320 -

Personal anonymity is maintained!  
8-10 minute segment.

Question and answer format.  
We will do this every three months.

*Schedule:* Every third Month on the first Wednesday. Next one: July 1 at 8:00 AM.

**Opportunity to Serve**—The best way to get out of your own head is to serve others! District 52 has opportunities to serve and needs your help! District Board positions and support chairs available;

***Come to the next District 52 meeting to see where you fit in!***

***Meet 3<sup>rd</sup> Thursday of the month –Next: June 18<sup>th</sup> @ 6:30***

***Riverside Hospital Meeting Room (by cafeteria)***

### Announcements and Upcoming Events

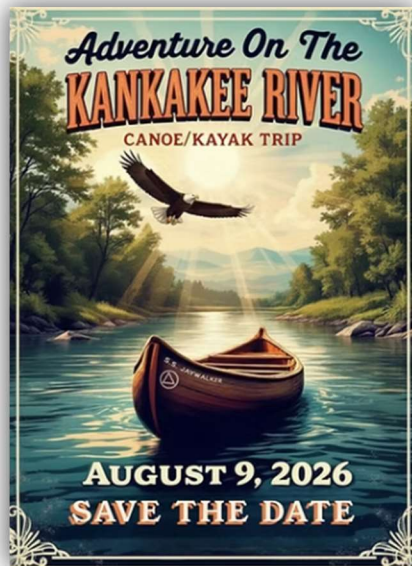
**Banyan Treatment Center** – Volunteers needed to speak once or twice a month on Wednesday's at 6:00 PM (Please note Time Change). There continues to be a need for more women volunteers. 6 Months of sobriety is required to participate.

Please contact Adria with any questions at (815) 401-3847.

**Big Books/12 & 12 Books:** The district has a number of copies of the Big Book and the 12 Steps and 12 Traditions to provide to groups in need. Please contact Steve K or Sherri M or email the district webmaster at [d52webmaster@gmail.com](mailto:d52webmaster@gmail.com) with requests.

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### LOST SHEEP GROUP OPEN PICNIC

Saturday, June 13th 12-4 pm

Momence Island Park

79 E. Mill St.

East Pavilion

(Follow the signs)

Hamburgers, hot dogs, pop, water, and coffee provided. Please bring a side dish to share and a lawn chair.

Rick P 847-366-6130

Melvin K 815-354-2346

Tina C 312-929-5371

Family Welcome!

### New /Need Support Meetings:

#### Manteno:

- *New Hope Meeting.* Wednesday 8:00 PM at Christian Church of Manteno is in need of sober support. 401 E 3<sup>rd</sup> Street
- *Jolly Time Meeting* – Monday 7:00 PM at Veterans Home in Manteno. Meeting is in the Hall – Use North side entrance. Meeting is in need of support.

#### Kankakee:

- Raisin Hope – Monday at 5:30 PM at Kankakee Alano Club. Grapevine literature study meeting
- *Came to Believe.* Monday 11:00 AM at Alano Club is in need of sober support.
- *Friday Night Open* – Friday 7:00 PM at Alano Club is in need of sober support.
- 3:30 PM Saturday Meeting – Saturday 3:30PM at Alano Club is in need of sober support.

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- Citadel Nursing Home – Sunday at 3:00. New meeting starting June 8<sup>th</sup>. Citadel Nursing Home, 900 W River Place

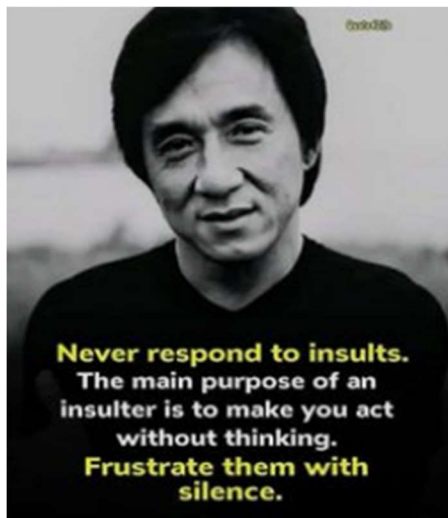
**Happy May Birthdays!!!** Please send your sobriety birthday so we can recognize and celebrate your miracle!

Ron S 5/2/85	Pat M 5/9/18	Annette F 5/16/17	Hampton R 5/14/13
Annette 5/16/17	Pat C 5/11/11	Adria P 5/16/19	Ann Lane 5/16/18
Ann L 5/16/18	Cindy O 5/20/85	Kathleen M 5/22/18	Tim E 5/28/18
Adrian H 5/30/20	Gabe H 5/24/17	Chris 5/3/2020	Joe L 5/2/22

**Funnies!!!**



**Inspiration...**



**Something to Think About:**

*I am not defined by what has happened to me, I am defined by what I choose to become.*